

2026 ISSUE 01

# LIV

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# MAGAZINE





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# LIV

STYLE.TASTE.SPACE

*Vancouver*

**PUBLISHER:** LIV MAGAZINE **EDITOR-IN-CHIEF:** HELEN SIWAK **CONTRIBUTOR:** HELEN SIWAK

**PHOTOGRAPHERS:** ALLISON KUHL & KEILA KWOK (BLUE WATER CAFE) | EYES MULTI-MEDIA (AIRBLE)

**COVER:** LONGVIEW STUDIOS FEATURING FASHION BY EDUARDO RAMOS

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# Ordering with Curiosity

How One Menu Changed the Way Diners Think About Seafood

**W**hen Executive Chef Frank Pabst first introduced Unsung Heroes, longevity was not the objective. The idea emerged organically from his early years at Blue Water Cafe, shaped by his European training and familiarity with ingredients that were widely respected abroad but largely absent from local menus. Rather than introducing those species directly into the restaurant's core offerings, Pabst saw an opportunity to create a platform that would invite exploration and dialogue before acceptance.

Originally launched as a structured tasting menu, Unsung Heroes quickly evolved in response to guest behaviour. Pabst and his team shifted toward a more flexible, share-driven format that allowed diners to engage with the dishes on their own terms. The result was an experience that complemented the main menu rather than replaced it, encouraging curiosity without obligation and conversation without pressure.







*“Sustainability is critical to the future of ocean life.”*

Looking back, the scale of what Unsung Heroes became was never part of the plan. “When I created Unsung Heroes, I did not imagine it would become a 20-year tradition,” Pabst says. “That was never part of my thinking at the beginning.” What began as an experiment ultimately became one of Vancouver’s most anticipated annual dining events, and a defining expression of Blue Water Cafe’s philosophy.

Located in the heart of historic Yaletown, Blue Water Cafe has spent the past 25 years defining Vancouver’s seafood dining scene, balancing refined technique with an approachable sense of hospitality. Its open-concept dining room, Japanese Raw Bar and sushi counter, heated patio, and private dining spaces supported a dining experience that felt polished yet welcoming. An expansive wine collection and a consistently awarded wine program further reinforced the restaurant’s standing as a destination for both serious diners and celebratory occasions.

Under Pabst’s leadership since 2003, Blue Water Cafe consistently demonstrated excellence in both sourcing and execution. His philosophy of complexity without complication shaped a kitchen that values restraint as much as creativity, and the restaurant’s long-standing recognition reflected not only culinary achievement, but a sustained commitment to quality, service, and thoughtful evolution within an ever-changing dining landscape.

At the core of Unsung Heroes was a commitment to creativity without intimidation. Ingredients such as smelt, sturgeon liver, and jellyfish appeared on the menu over the years, each approached with intention and balance. “The goal was never to push people away, but to invite curiosity,” Pabst explains. Dishes were designed to spark conversation, allowing guests to question, compare, and share impressions around the table. Some preparations later earned permanent placement on the menu, while others served a more transient purpose, existing simply to expand perspective.







*Behind the scenes, each Unsung Heroes menu is months in the making, shaped by research, testing, and a careful balance of creativity and restraint.*

Sustainability remained the constant thread running through the program. Blue Water Cafe is a founding member of the Ocean Wise program and continued to work exclusively with certified sustainable seafood. Each year, 10 percent of proceeds from the Unsung Heroes menu were donated to the Ocean Wise Seafood Program, reinforcing the restaurant's belief that responsibility extended beyond the plate. "Sustainability is critical to the future of ocean life," Pabst says, noting that exposure to lesser-known species helped create a more balanced and responsible seafood ecosystem.

Over two decades, the definition of an unsung hero shifted. Species once considered unfamiliar became widely accepted. Octopus is a prime example. "Twenty years ago, it was rarely seen, and now it is widely accepted," Pabst notes. In recent iterations, the team continued to design dishes, pairing lesser-known seafood with familiar elements, such as octopus served with savoy cabbage, ensuring accessibility remained central to the experience.

At the same time, Unsung Heroes remained responsive to changing sustainability standards. Ingredients featured a decade earlier no longer appeared due to environmental shifts or rising export demand. "There are products we featured ten years ago that we no longer serve because their sustainability has shifted," Pabst says, citing whelks as one example. Evolution, rather than nostalgia, continued to guide decision-making.



Behind the scenes, each Unsung Heroes menu is months in the making, shaped by research, testing, and a careful balance of creativity and restraint. Global influences, technical precision, and thoughtful sourcing guide the process, with final decisions often coming together in the last weeks. For those who return year after year, Unsung Heroes becomes more than a menu, representing continuity, evolution, and trust in the kitchen's point of view. It offers a window into Blue Water Cafe's philosophy, where sustainability, curiosity, and flavour quietly coexist, reinforcing the restaurant's role as both a leader in seafood dining and a steward of the ocean. **LIV**



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# Where the Journey Becomes the Destination

Exploring BC with Airble





**Y**ou open the app and British Columbia feels as though it expands in real time. With Airble, travel is no longer shaped by traffic, ferry schedules, or rigid departure times. It is shaped by curiosity, altitude, and the confidence that comes from choosing experiences few others ever reach.

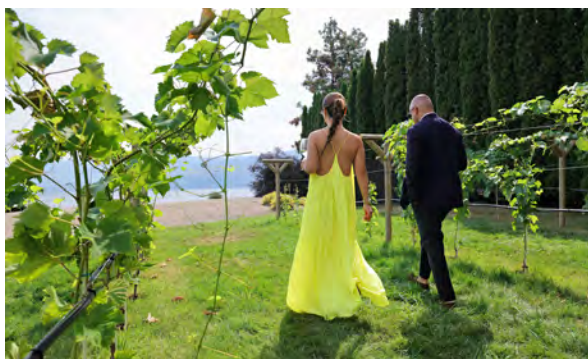
The moment you lift off, the province reveals itself differently. Coastlines soften into sweeping curves, forests roll endlessly beneath you, and mountain ranges rise with quiet drama. Distance becomes something to savour rather than endure. The journey itself becomes part of the reward, setting the tone long before you arrive.

Along Vancouver Island's wild west coast, Airble carries you toward the Calvin Falls Surfing experience, where the landscape feels intentionally untouched. A tide-timed hike winds through coastal forest before opening onto a wide sandy beach framed by driftwood and open sky. Waves arrive uninterrupted, one after another, while fresh water flows nearby and a fire crackles as the sun dips low. There are no crowds here, no noise, and no competition for your wave, only the steady rhythm of the Pacific and the rare luxury of space.

Farther north, Muncho Lake appears like a secret revealed from the air. The Cassiar Mountains rise in layered ridges, their scale both humbling and deeply calming. You land near the Frog River Cabin or Outpost Cabin, where the pace of life shifts immediately. Days unfold through fly fishing, canoeing across pristine water, and hiking high mountain valleys. Evenings lead you to a hidden wild hot spring, steam rising as dusk settles in, while wildlife moves through the landscape as naturally as the changing light.

Closer to Whistler, Airble reframes familiar terrain through its Volcano and Ice Cave Adventure. A helicopter lifts you toward Mount Meager, gliding above ancient volcanic formations before descending into glacial caverns of luminous blue. Inside the ice caves, vaulted ceilings and crystalline tunnels create a sense of wonder that feels almost unreal. The experience concludes with elevated alpine dining catered by the award-winning Barefoot Bistro, grounding the adventure in warmth, flavour, and shared conversation.





For moments that call for romance rather than adrenaline, Airble offers the Backcountry Heli-Proposal, an experience designed to feel as cinematic as the question itself. Departing from SKY Hangar or the Vancouver Harbour Heliport, you fly toward the Coast Mountains, passing waterfalls, alpine lakes, and untouched wilderness below. The helicopter touches down in a secluded backcountry location, where you step out to stroll a mountain peak or the shore of a hidden alpine lake or river. Upon return, your pilot presents a celebratory bottle of champagne, followed by a signature romance gift box complete with champagne flutes and a Photographer Upgrade to ensure the moment is beautifully documented.

And when indulgence calls for something truly special, Airble elevates the experience through a curated private jet journey to Kelowna for an exclusive lakeside wine tasting at FRIND Winery, Canada's only winery with direct lake access. The day unfolds with effortless precision, moving seamlessly from private jet to chauffeured lakeside drive, where vineyard views, waterfront scenery, and moments of unhurried discovery set the tone. At the winery, your group enjoys a premium tasting in a private lakeview setting, lingering over wines, strolling the beachfront, and soaking in the beauty of Okanagan Lake before returning home, satisfied and unhurried, with the sense of having escaped without ever feeling rushed.

Airble's specialty tours span an extraordinary range, from a BC Backcountry Heli-Tour starting at \$398 to a Premier Fly-in Fishing experience reaching \$102,060, creating space for spontaneous adventures, milestone celebrations, and once-in-a-lifetime vacations alike.

This is what changes when transportation becomes part of the experience. You explore regions that rarely make the itinerary, support regional operators and remote communities, and travel with intention. With Airble, British Columbia opens itself fully, inviting you to see it from above and experience it on your own terms. **LIV**





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## When History Leaps, Spins, and Soars

**H**istory surges onto the stage this season in British Columbia, transforming dance into a living expression of a five-thousand-year-old civilization brought vividly to life by Shen Yun Performing Arts. What unfolds is not simply a performance, but a dynamic revival of beauty, spirit, and cultural memory, delivered through movement, music, and striking visual artistry.

Across the arc of the evening, audiences are carried from the age of the Yellow Emperor through the splendour of the Tang Dynasty and into the refined elegance of the Qing. Each era emerges through stories both legendary and historical, animated by dancers whose precision and athleticism give form to values deeply rooted in Chinese civilization. Courage and sacrifice, integrity and loyalty, compassion and virtue pulse through every sequence, creating a narrative that feels immediate, powerful, and alive.



Ancient China was once known as The Land of the Divine, a place where the human and the celestial were believed to exist in close harmony. That worldview resonates strongly on stage. Music, clothing, language, and ritual were understood as gifts from above, while Buddhist and Taoist traditions shaped daily life and moral conduct. Emperors sought to follow the Way of Heaven, and this sense of connection between heaven and earth flows through the choreography with intention and clarity.

At the heart of the performance is classical Chinese dance, a singularly expressive and demanding art form refined over thousands of years. Built on traditional aesthetics, it developed into a complete and independent system, combining refined physical expression with astonishing athleticism. Leaps soar, spins accelerate, and intricate tumbling techniques unfold seamlessly, creating moments of both explosive energy and quiet grace.

Founded in New York in 2006 with a mission to revive genuine traditional culture, Shen Yun presents classical Chinese dance in its purest form. This British Columbia season offers an experience that electrifies the senses, inspires the heart, and leaves a lasting impression of a culture once nearly lost, now powerfully restored through art.

As part of its 2026 global tour, Shen Yun is returning to Vancouver once again this spring, playing six shows at the Queen Elizabeth Theatre from April 8–12.

[shenyun.com](http://shenyun.com) **LIV**







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Spring arrives in British Columbia with a quiet confidence, reminding us that renewal here is never fleeting, but foundational. It is present in the rhythm of the tides, the return of longer days, and the creative pulse that defines this coast.

In this issue of LIV Magazine, we celebrate the many expressions of that bounty. From oceans that shape our cuisine and consciousness, to design desks where form meets intention, to kitchens guided by seasonality and restraint. Studios come alive with movement and dance, while resorts and retreats reopen their doors to reflection, restoration, and unhurried luxury. Self-care shifts outdoors, carried by fresh air, mindful rituals, and the simple pleasure of sunshine.

British Columbia leads with thoughtfulness, where creativity, wellness, and landscape exist in natural dialogue. This season invites us to slow our pace, to notice craft, and to honour those shaping meaningful experiences across our province.

May this issue inspire a renewed connection to place, to possibility, and to the quiet luxury of living well, right here at home.

All my best,

*Helen Siwak*

Editor-in-Chief, LIV Magazine





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**PUBLISHER:** LIV MAGAZINE **EDITOR-IN-CHIEF:** HELEN SIWAK **CONTRIBUTOR:** HELEN SIWAK  
**PHOTOGRAPHERS:** CHRISTIAN J. STEWART (RAYN PROPERTIES) | ALLISON KUHL (FINEST AT SEA)  
**COVER:** LONGVIEW STUDIOS FEATURING FASHION BY EDUARDO RAMOS

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# Where Sunrise Meets Spice

Inside the Return of a Victoria Icon





**M**orning light leads the way as you step into The Bengal Lounge, the sun already streaming through tall windows and spilling across the room from every side. The space feels quietly alive at this hour. Soft conversation drifts upward beneath the soaring ceiling, tempered by the gentle clink of porcelain and glass. The air carries warmth and promise — fresh coffee, citrus brightness, toasted hazelnuts, buttery pastry, and a subtle trace of spice touched with cardamom and orange blossom — aromas that feel grounding and transportive all at once.



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*There is an effortless  
harmony here — West Coast  
ease meeting South Asian  
sensibilities.*

The room reveals itself in layers. Dark cinnamon-coloured wood anchors the space, while intricate South Asian inspired screens add rhythm and texture. Palm planters soften the architecture, and emerald green velvet banquettes catch the light with a richness that feels inviting rather than formal. Rattan-backed chairs introduce an organic contrast, and diamond-shaped sconces cast a warm, golden glow that balances the natural daylight. Patterned tapestries frame each window, allowing the surrounding gardens to feel present, as though indoors and out are quietly conversing.

There is an effortless harmony here — West Coast ease meeting South Asian sensibilities, heritage layered with modern refinement. Before you even sit down, the intention is clear. This is a space designed for immersion, where the experience unfolds slowly through RAW, ATTRACT, and ENGAGE, guiding the day from morning ritual to evening indulgence.

The return of The Bengal unfolds within the storied walls of Fairmont Empress, Canada's Castle on the Coast. Dating back to 1908, the National Historic Site has long defined Victoria's Inner Harbour with its stately presence and enduring sense of occasion. Over more than a century, the hotel has evolved with care, preserving its architectural legacy while embracing thoughtful renewal. Recognized in 2025 as the number one City Hotel in Canada by Travel + Leisure, featured on the Travel + Leisure Top 500 list, honoured by Condé Nast Traveler as one of Western Canada's top hotels, and awarded a Michelin One Key designation for the second consecutive year, Fairmont Empress continues to set the standard for timeless hospitality.

Breakfast at The Bengal feels ceremonial in the best sense. Under glass domes, flaky glazed pastries rest atop hand-carved wooden trays, their sheen catching the morning light on the servery. An array of fresh-squeezed juices glows nearby, thick pulp floating unapologetically at the top. The presentation is abundant yet restrained, inviting you to linger rather than rush.

The menu encourages indulgence with intention. The Mimosa Experience elevates the morning ritual, from a Classic Mimosa to a MARKET FRESH variation infused with herbal tea syrup, citrus blend, rhubarb bitters, and prosecco, with the option to upgrade any glass to Veuve Clicquot Champagne. Coffee is poured proudly from Salt Spring Coffee, fair trade, organic, and locally roasted, while tea selections curated from Metropolitan Tea Company include Orange Pekoe, Imperial Breakfast, Creamy Earl Grey, Egyptian Chamomile, and Kyushu Japan Sencha. Even hot chocolate feels considered, crafted with 58 percent dark chocolate, alongside Masala Chai that quietly echoes the room's cultural layering.



Breakfast dishes arrive with equal thoughtfulness, blending West Coast classics with subtle spice and global influence. The Bengal Tartine is layered generously on seven-grain toast with whipped tofu, spiced lentils, tomato chutney, and pistachio dukkha, offering depth, texture, and warmth in every bite. Mango Lassi Chia Pudding layers mango and coconut yogurt into something cooling and balanced, while assorted viennoiseries present as a trio of daily petites pastries, delicate yet satisfying. The Bengal Spiced Potato Patty delivers comfort lifted by mango tamarind chutney, and the Warm Cinnamon Bun, finished with cardamom and orange blossom frosting, feels indulgent without excess.

For those drawn to familiar favourites, the menu delivers with confidence. An Egg White Frittata arrives folded with roasted squash, hen of the woods mushrooms, and smoked gouda. Classic Benedicts anchor the breakfast offerings, while sweet-tooth cravings are answered with golden pancakes, crisp waffles, and French toast designed to linger over coffee and conversation.

Later, when evening calls and the day deepens, dinner service introduces a confident West Coast culinary voice. RAW selections set the tone with freshly shucked West Coast oysters, beef tartare, and scallop crudo, each dish clean, precise, and respectful of its ingredients. ATTRACT offerings add depth, from Crab & Butter layered with maltaise espuma, citrus gel, brown butter crumb, and nasturtium, to the Truffle Soup enriched with hen bone velouté, parmesan shortbread, and chives.





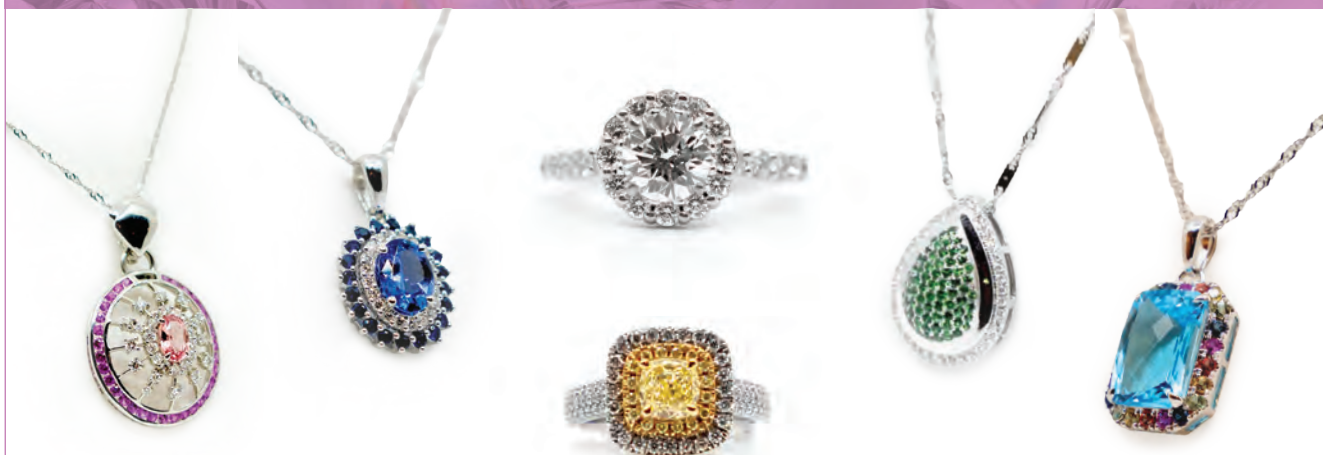
ENGAGE selections anchor the experience with substance and finesse. You choose between some of the West Coast's best salmon, Pacific sablefish, or a creamy garlic Queen's Risotto. For those drawn to shared moments, the Pork Tomahawk arrives generously portioned with lemon asparagus, yeasted fingerlings, and wholegrain mustard jus, designed to slow the table and encourage conversation.

Customization is offered with restraint and clarity. Add-on sides include black garlic and grana butter mushrooms, crispy Brussels sprouts, or indulgent enhancements such as Northern Divine caviar, seared foie gras, Hokkaido scallop, or an Atlantic lobster tail. Each addition feels deliberate, never performative.

The reopening of The Bengal signals a new chapter within a hotel that continues its journey of refinement and quiet evolution. Yet what lingers most is not the accolades, but the feeling. From the first wash of morning light to the final moments of an evening meal, The Bengal invites you to stay longer, notice more, and let history, hospitality, and modern elegance unfold at their own pace. **LIV**

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A Family Story Written  
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**W**hat makes a house feel like it was built for more than one moment in time? You feel it in the care behind every decision, and in the people who build with families, not just plans, in mind. On Vancouver Island, that feeling often begins with Rayn Properties, a family-owned residential home building company shaped by more than thirty years of dedication, steady hands, and a belief that homes should grow alongside the families who live in them.







*With 32 CARE Awards earned since receiving its first Silver for Best Single Family Custom Home in 2008, Rayn Properties has built a reputation for excellence across Vancouver Island.*

When you sit down with Rov Dosanjh, you quickly sense that building has always been part of who he is. Long before Rayn Properties existed, Rov was learning the craft in a high-school woodworking class, finding calm and focus in shaping wood with intention. That early curiosity evolved into carpentry, cabinetry, and furniture-making for his family, and eventually into a deeper fascination with how homes come together from the ground up. By 1989, he was learning framing alongside a family member, absorbing the fundamentals that would define his career. What began as part-time home builds with a close friend grew into something more permanent in 2007, when Rov founded Rayn Properties with a clear vision: to build thoughtful, high-quality custom homes that families could truly call their own.

Rov is generous with his knowledge and genuinely invested in the people he works with. Clients often remark on his calm approach and openness, qualities that matter when a home is both a financial and emotional investment. Rov believes everybody has to start somewhere, and he carries that philosophy into every conversation, whether he is advising a first-time homeowner or mentoring the next generation.

At Rayn, that next generation is already deeply woven into the business. Arjin Dosanjh grew up watching homes take shape, listening to discussions about design, budgets, and long-term value around the family table. As a teenager, he asked questions not only about construction but about how a business runs, how decisions are made, and how investments endure. That curiosity led him to the University of Victoria, where he earned a degree in commerce, and eventually back to Rayn Properties.



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You see Arjin working quietly behind the scenes, refining workflows, managing finances, and now overseeing major renovations and key phases of custom builds. His precision balances his father's long-earned insight, and his wit keeps the atmosphere light, even on complex projects. Together, they form a partnership built on trust, mutual respect, and complementary strengths.

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With 32 CARE Awards earned since receiving its first Silver for Best Single Family Custom Home in 2008, Rayn Properties has built a reputation for excellence across Vancouver Island. More importantly, the work speaks to something deeper: homes crafted with care and intention, designed to support your family through every chapter, and worthy of being passed on to the next generation.



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OXFORD Residence by Rayn Properties presents a refined vision of contemporary Victoria living, where sustainability and luxury are thoughtfully aligned. Recognized as one of the best single-family detached spec homes under 2,500 square feet, this 1,980-square-foot residence demonstrates how intelligent design can elevate both form and function within a compact footprint.

The exterior balances tradition and modernity through classic cedar siding paired with sophisticated navy Hardie panel accents, setting a confident architectural tone. Inside, an open floor plan is enhanced by a sculptural wood staircase that maximizes flow while preserving a sense of openness. The kitchen anchors daily life with quartz countertops, a tile backsplash, maple cabinetry, and an oversized island designed for both gathering and efficiency.

Natural light is a defining element throughout the home, from the media room's coffered ceilings and generous window to the ensuite bathroom's skylight, twin vanity, and custom-tiled shower. A cohesive palette of light tones with navy accents amplifies the sense of space while maintaining visual continuity.

Sustainability is seamlessly integrated through radiant in-floor heating, a tank-less hot water system, Low-E windows, and smart home technology with integrated media and entertainment wiring. Outdoors, a paved patio extends living space into a private backyard, offering a calm, considered setting that reflects a modern approach to responsible, design-led luxury living. **LIV**


An advertisement for Madrona Gallery. The background is a large, vibrant abstract painting by Emily Carr, titled "Sky". The painting features bold, expressive brushstrokes in shades of blue, white, and ochre, creating a sense of movement and depth. The text "MADRONA GALLERY" is prominently displayed in the upper center. Below it, the dates "MARCH 14 - APRIL 4" and the theme "HISTORIC & POST-WAR CANADIAN ART" are listed. The address "606 VIEW ST. VICTORIA, B.C." and the website "MADRONAGALLERY.COM" are provided, along with the phone number "250.380.4660". The artist's name "EMILY CARR" is written vertically on the right side of the painting.

MADRONA GALLERY

MARCH 14 - APRIL 4  
HISTORIC & POST-WAR CANADIAN ART  
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EMILY CARR, "SKY", 22.5" X 34.5", OIL ON PAPER, C. 1935







# *Designed for the Patient Journey*

## The Thoughtful Vision that Brought clinic805 to Life

**N**early two decades ago, long before integrated cosmetic care became an industry talking point, Dr. Kenneth A. Smith was already envisioning something different for Vancouver Island. His idea was both simple and ambitious: create a purpose-built environment where patients could move seamlessly from consultation, to surgery, to recovery, all supported by the same trusted medical team at every stage. That vision became clinic805 Cosmetic Surgery & Skincare Centre, now recognized as Vancouver Island's only standalone cosmetic surgery and medical aesthetics clinic.

Founded in 2009, clinic805 reflects the depth of experience Dr. Smith had already amassed by the time its doors opened. Practicing in Victoria since 1992, he built his career on a foundation of rigorous surgical training and a steadfast commitment to patient education, safety, and confidentiality. His approach has always been rooted in respect for anatomy, an understanding of the ageing process, and an appreciation for the individuality of every patient who walks through the door.

Dr. Smith's academic journey began at the University of Saskatchewan, where he earned a Bachelor of Science in anatomy before completing his medical degree. Following his internship at St. Paul's Hospital in Vancouver, he spent several years in general practice across smaller communities in British Columbia. That early exposure to diverse patient needs shaped his grounded, people-first perspective. He later pursued surgical training at the University of Toronto, where he worked alongside internationally respected surgeons before completing additional training in cosmetic plastic surgery and microsurgery in Toronto and Melbourne. He became a certified plastic surgeon in 1991, returning to Victoria with a rare breadth of surgical expertise.

What distinguishes clinic805 is how that expertise is translated into a patient experience that feels calm, informed, and cohesive. Education is central to the clinic's philosophy. From the first consultation, patients are guided through an intentional process designed to replace confusion with clarity. In an industry saturated with information and trends, clinic805 prioritizes honest guidance, realistic expectations, and thoughtful planning. Treatment plans are never one-size-fits-all. Instead, surgical options, medical aesthetics, advanced imaging technology, and medical grade skincare are integrated to support balanced, natural outcomes.

Advanced technology plays a meaningful role in this educational approach. The clinic utilizes Vectra 3D imaging as a visual planning tool for select surgical procedures, allowing patients to view high-resolution, three-dimensional images of their face or body. This technology supports informed discussions around potential outcomes, helping align patient goals with realistic surgical possibilities. For skin health assessment, the Visia Complexion Analysis system offers a deeper look beneath the surface, evaluating factors such as texture, pigmentation, vascular conditions, and sun damage. Together, these technologies provide clarity, context, and confidence, reinforcing clinic805's commitment to transparency and informed decision-making.

This comprehensive approach is made possible by a collaborative team of highly trained medical professionals. Their collective expertise spans surgical nursing, medical aesthetics, and patient care, and they share a genuine passion for their roles within the clinic and for the patients they support. Beyond technical excellence, the team is known for its warmth, discretion, and attentiveness, creating an environment where patients feel respected and cared for at every stage of their journey. Their dedication is central to the continuity and trust that define the clinic's reputation.



*What distinguishes clinic805 is how that expertise is translated into a patient experience that feels calm, informed, and cohesive.*

The clinic's skin-to-skeleton philosophy is particularly evident in its facial rejuvenation programs, where both surgical and non-surgical perspectives are considered together. Structural positioning, tissue health, and skin quality are assessed in tandem, often combining surgery with pre- and post-procedure medical aesthetics and skincare protocols. This long-view approach not only enhances immediate results, but also supports their longevity.

The physical setting of clinic805 brings Dr. Smith's original vision fully into focus. Located in Victoria's downtown Humboldt Valley and directly connected to The Parkside Hotel & Spa.

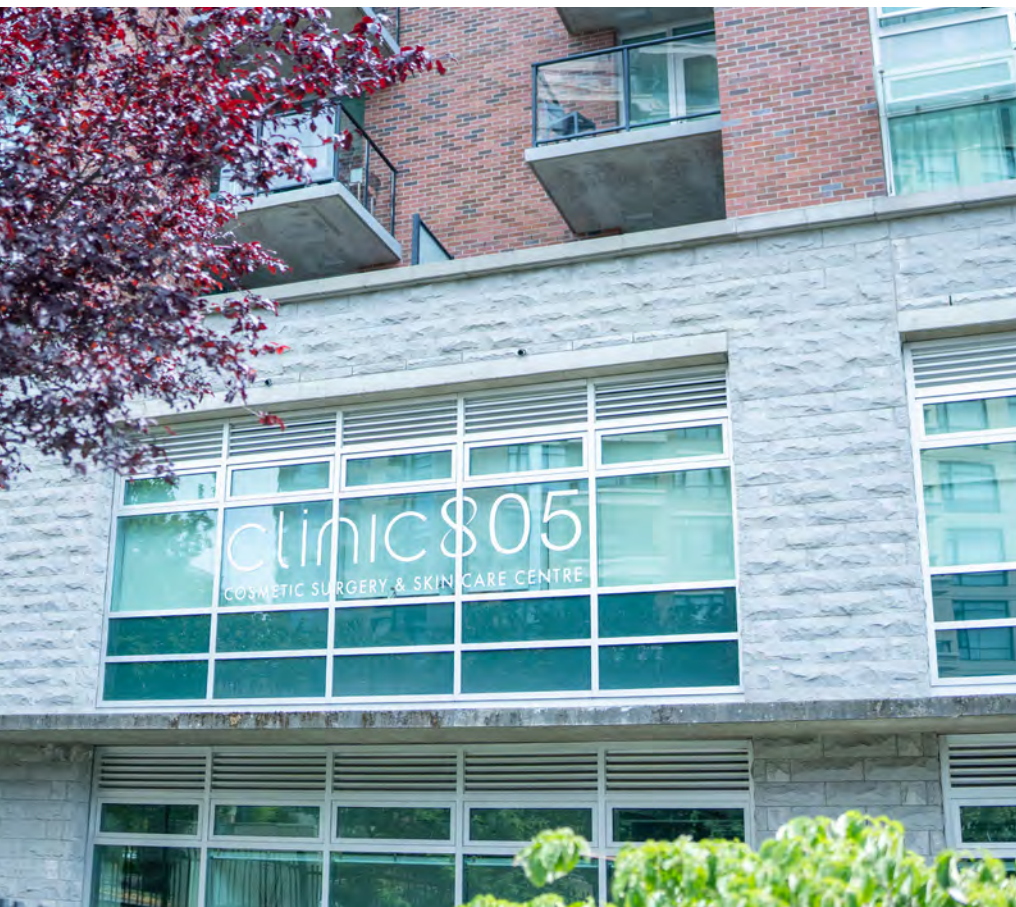


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The clinic offers a level of continuity unmatched on Vancouver Island. clinic805 holds a Class 1 accreditation from the College of Physicians and Surgeons of British Columbia (CPSBC), the highest level available to a private operating facility, adhering to rigorous standards. Patients can complete consultations, procedures, and recovery within the same integrated environment. For those requiring overnight care, recovery extends seamlessly into the hotel, where post-operative nursing support continues with privacy, comfort, and personalized attention.

Nearly twenty years after its conception, clinic805 stands as a reflection of what is possible when surgical excellence, compassionate care, advanced technology, and thoughtful design come together. Guided by Dr. Kenneth Smith's long-held vision and supported by a dedicated clinical team, the clinic continues to set a confident, considered standard for cosmetic surgery and medical aesthetics on Vancouver Island. **LIV**



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# Spice Without Borders

A Confident Reimagining  
of Indian Dining







**T**he arrival at Kinu Restaurant feels instinctively familiar, not because you have been here before, but because the atmosphere, energy, and intention align effortlessly the moment you enter. Soft lamps glow across the dining room, the fireplace is flickering, and the air carries layered aromas of spice, citrus, and warm bread. The space encourages you to slow down, to settle in, and to let the experience unfold naturally.

At the heart of the room is owner Kirn Bawa, whose presence brings both warmth and quiet authority. Moving easily between tables, she greets guests, checks in on plates, and supports her team with ease. As the daughter of the founders of Sizzling Tandoor, Kirn is confidently guiding the family legacy forward, shaping a contemporary dining experience rooted in hospitality and connection. “I wanted to create a place where people feel a sense of community and comfort, while experiencing flavours from all over India in a modern, refined way,” she says, a philosophy that is felt throughout the evening.

In the language of family, some nicknames carry the warmth of a well-worn sweater, comfortable, familiar, and deeply rooted. For Kirn, known affectionately as “Kinu” by her aunt, the name is more than an endearment. It is a nod to her Punjabi heritage, to a fruit with complex ties to India and Pakistan, and now, to a restaurant where food, identity, and innovation converge. The kinu tangerine grows abundantly on both sides of a border shaped by partition, defying cultural and religious divides. With a father of Pakistani Punjabi descent and a mother born in India, Kirn understands the layered history the fruit represents, making the name both personal and quietly powerful.

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A large, vibrant platter of fresh seafood and vegetables. It features a large piece of salmon, several scallops, diced orange squash, green bell peppers, purple beets, and fresh microgreens. The platter is artfully arranged on a dark surface.

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Kinu becomes a self-portrait of Kirn's journey. From the logo accented with Punjabi script to the eclectic, globally influenced menu, every detail carries her imprint. This is not simply an Indian restaurant, nor is it bound by expectation. It is a space that honours flavour foundations while allowing curiosity to lead. That perspective was shaped early, when Kirn stepped fully into the family business just shy of her twenty-second birthday. With no formal serving experience, she took over Sizzling Tandoor and learned the industry from the inside out, blending her background in public relations and event planning with a desire to reimagine how Indian cuisine could be presented on Vancouver Island.

She moved away from predictable aesthetics and formats, introducing thoughtful wine pairings, carefully plated dishes, and a cocktail program designed to feel youthful and fresh. That same spirit defines Kinu. "We are not just an 'Indian restaurant,'" she says. "We are a restaurant." The distinction matters. At Kinu, gnocchi or oysters may share the menu with a beautifully prepared biryani, creating an experience that feels imaginative yet grounded in authenticity.

The Uptown location reinforces that accessibility. Central and walkable, Kinu is designed as a natural gathering place for locals and a welcoming destination for those coming from across the city.

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Once inside, the dining room feels transportive, layered textures, ambient light, and a rich palette creating an atmosphere that encourages guests to linger. It is relaxed yet refined, indulgent without excess, immersive rather than formal.

The menu reflects that balance. Dishes are meant for sharing, each one considered and composed. Whipped goat cheese with warm naan is rich and instantly craveable. Masala prawns deliver brightness and depth, while the Kinu chicken and slow-braised lamb shank offer comfort through precision. The goat dum biryani anchors the table, aromatic and deeply satisfying, rewarding patience and attention.

Cocktails are woven seamlessly into the experience, recently earning recognition as Best Cocktails in the City. Layered and balanced, they are designed to complement the food rather than compete with it. A nomination for Best Restaurant further reflects Kinu's growing presence in Victoria's dining landscape.

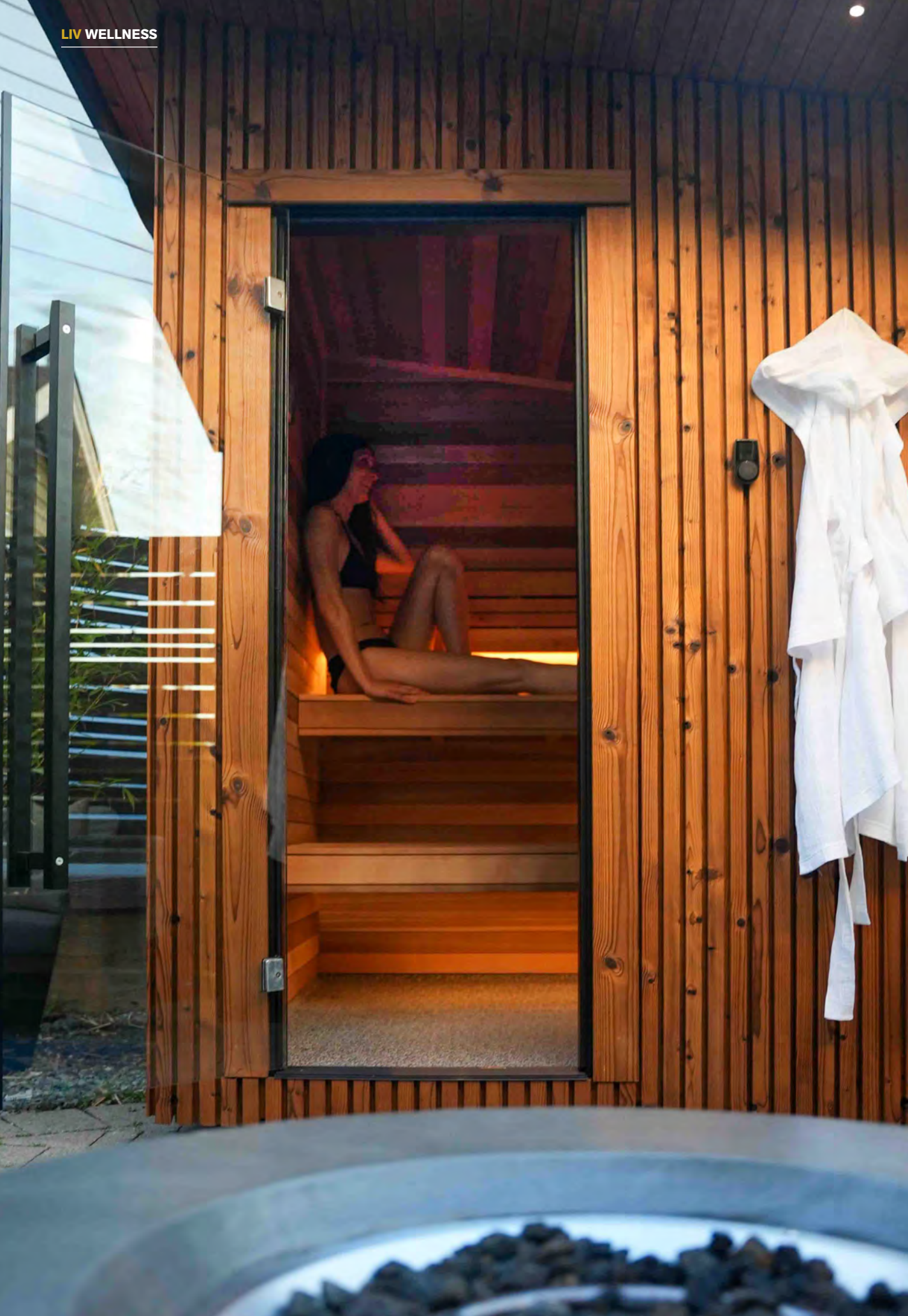
Confident without being loud, Kinu offers something rare, a dining experience that feels warm, worldly, and quietly luxurious, guided by Kirn Bawa's assured hand and her belief that hospitality, at its best, brings people together. **LIV**

A photograph of a modern house at night. The house has a large, flat overhang with a wooden ceiling. The exterior walls are a mix of light-colored concrete and dark wood paneling. A large glass door is visible on the left, and a balcony with a metal railing is on the right. The house is surrounded by trees and landscaping. In the top right corner, there is a QR code.

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# A Return to Ritual

## Building Health Through Heat

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ilio sauna brings wellness directly home. Having a custom-built sauna allows you to sauna on your schedule, solo if you choose, without the commute or reliance on shared spaces like health clubs or spas. It becomes a private sanctuary, steps from your door, where consistency replaces convenience and ritual replaces reservations.

ilio saunas are built for longevity, blending architectural clarity with robust structural elements. Insulated walls, roof panels, and thermally insulated windows are assembled with precision. As heat rises, the cedar releases its warm, grounding aroma, filling the space and signalling to the body that it is time to slow down.

Within there is also reverence for tradition. The sand timer remains deliberately unchanged. Fifteen minutes, marked in three five-minute intervals, honours the rhythm of sauna use and reflects research showing optimal cardiovascular benefits with 15 to 20 minutes of heat exposure. Some traditions do not need improvement.

Sauna is not just about heat. It is about rhythm, restoration, and supporting heart health, mood, sleep, and longevity with real science behind it.

In BC, a cedar sauna is not an indulgence. It is a personal investment in health, happiness, and natural therapy, thoughtfully crafted and always within reach. **LIV**

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# From Frigid Waters to Refined Plates

## How BC's Ocean Shapes Exceptional Dining

**T**he cold, powerful waters off the coast of British Columbia shape more than the landscape. They define a way of eating, a way of sourcing, and a way of respecting the ocean that has long provided some of the finest seafood in the world. These frigid currents produce fish and shellfish with exceptional texture, flavour, and integrity, qualities that elevated, award-winning restaurants across the province depend on. At the centre of this relationship between sea and table stands *Finest at Sea*, widely regarded as the undisputed purveyor of British Columbia's ocean bounty.

For chefs who build menus around precision and restraint, the quality of seafood is not simply an ingredient choice. It is the foundation of everything that follows. At *Marilena Cafe & Raw Bar*, that foundation is evident the moment a dish arrives at the table. Voted Canada's 100 Best Restaurant #39 in 2025 and #1 Best New Restaurant in 2024, *Marilena* has earned praise for elegant dining, polished service, and an exceptional wine list. At the heart of its success is a seafood-driven menu that reflects both global technique and West Coast sensibility.

Executive Chef Kristian Eligh brings a deeply personal connection to the ocean. An avid free diver and fisherman, Eligh returned to his hometown with a culinary vision shaped by the coast. His menus draw inspiration from memorable West Coast cuisine, with an emphasis on local and globally sourced seafood paired with high-quality, sustainable ingredients that adhere to the highest standards. From refined nigiri and sashimi at the Japanese raw bar to showstopping presentations such as the *La Tour* seafood tower, the menu celebrates purity, balance, and respect for the product.

That respect extends upstream to the purveyors who make this calibre of dining possible. For Eligh, working with *Finest at Sea* is not a convenience but a necessity. As he explains, "You would think be surrounded by the Ocean on an island, seafood would be readily available for wholesale. The truth is that most of the sustainable seafood we purchase flows through provincial and federal inspection off island, meaning most of the fresh seafood comes back our way from mainland suppliers."





“Finest at Sea is our primary LOCAL supplier, which can supply us with next day delivery, ensuring premium quality and convenience. Their live tanks also help keep all of the premium shellfish (Atlantic Lobster, Dungeness Crab, Local Clams and Mussels) we use, fresh to our door. Having a fish monger like FAS ten city blocks from the restaurant, with a commitment to excellent customer service and product helps us keep a fresh inventory of the very best local seafood everyday of the week.”

The story of Finest at Sea begins decades before it became a trusted name in professional kitchens. As a young boy growing up in Victoria, Bob Fraumeni spent countless hours fishing in Gonzales Bay, peering into the water and wondering what lived beneath the surface. Although he did not come from a fishing family, the sea held a powerful pull. As a teenager, he gravitated toward the busy docks of Victoria Harbour, where multiple fish processing plants operated at full capacity, absorbing knowledge simply by being present.

In 1977, Fraumeni purchased his first vessel, a 36-foot West Coast salmon troller. Even then, he recognized that the salmon industry was facing challenges. “I realized it was time to branch out to other fisheries – especially ground fish,” he recalls. By 1984, his growing operation became F.A.S. Seafood Producers Ltd., standing for Frozen At Sea. The philosophy was simple and rigorous: freeze fish within minutes of being caught to preserve absolute freshness.

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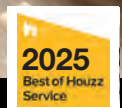
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Today, Finest at Sea operates ten large offshore fishing vessels, including the FV Ocean Pearl, the largest vessel in the British Columbia fishing fleet. These boats fish everything from halibut in Haida Gwaii to albacore tuna off the west coast of Vancouver Island. Equipped with cutting-edge deep-cold freezing systems reaching minus 60 degrees Celsius, the fleet ensures that quality is locked in at sea, not compromised by time or transport.

After years of supplying exclusively to the Asian market, Fraumeni recognized a growing local demand for wild seafood of known origin. Finest at Sea was established as a boutique-style company with locations in Victoria and Vancouver, bringing professional-grade seafood directly to chefs who value transparency and consistency.

For Eligh, that consistency is essential. "Sustainability is a must on the Marilena menu. We are only sourcing seafood with this designation and FAS makes this easy for us. Trust and consistency are key with any great supplier and Jennifer and the team at FAS ensure that we are always looked after with the best product available."

In a province as rich in ocean resources as British Columbia, partnerships like this define the dining experience. As Eligh notes, "Marilena has been open for over 2.5 years now and I think with our food program, guests have come to expect consistency along with a certain level of execution. Having a supplier like Finest at Sea that sees value in providing the same consistency from a purveyor perspective, helps emulate the same result on the plate."

From the icy Pacific to the refined calm of the dining room, Finest at Sea connects ocean and enjoyment with precision, care, and an unwavering commitment to quality. For the restaurants that shape British Columbia's culinary reputation, it is not simply a supplier. It is a cornerstone. **LIV**



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The magazine cover features a background of overlapping, semi-transparent diamond shapes in shades of grey and white. A central dark grey square contains the title 'LIV' in a large, gold, serif font. Below it, the tagline 'STYLE.TASTE.SPACE' is written in a smaller, white, sans-serif font. The word 'Okanagan' is written in a large, elegant, gold script font across the middle of the cover.

# LIV

STYLE.TASTE.SPACE

## Okanagan

**PUBLISHER:** LIV MAGAZINE **EDITOR-IN-CHIEF:** HELEN SIWAK **CONTRIBUTOR:** HELEN SIWAK

**PHOTOGRAPHERS:** AMELIA LIDELLE (EUROPEAN GOLDSMITH) | LONGVIEW STUDIOS (EDUARDO RAMOS)

**COVER:** LONGVIEW STUDIOS FEATURING FASHION BY EDUARDO RAMOS

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# Rooted in Place

## Five Decades of Cool Climate Winemaking at Gray Monk

**T**he lake unfolds below, sunlight tracing the curves of the vineyards as they rise along the hillside. This is Gray Monk Estate Winery, where the Okanagan reveals itself slowly and with intention. Before the first glass is poured, there is a sense that this is a place shaped by people who have stayed, tended, and believed. The land feels known. The view feels earned.

Early in your visit, the quiet confidence of the estate becomes apparent through the work of Vineyard Manager Jordan Leboe. His journey has unfolded alongside these vines for more than two decades, beginning with a summer job and evolving into a lifelong dedication to the land. From hands-on work in the fields to overseeing the Gray Monk's North Okanagan vineyards today, his stewardship is reflected in the health of the vines, the integrity of the fruit, and the relationships fostered with growers across the region.



*Before the first glass is poured, there is a sense that this is a place shaped by people who have stayed, tended, and believed. The land feels known.*

The roots of the estate reach back to 1972, when founders George and Trudy Heiss stood at the forefront of a defining moment for British Columbia wine. Their passion to produce and sell wine made from their own grapes helped launch the estate winery program, widely regarded as a turning point for the province. With European heritage and a pioneering spirit, they introduced Pinot Gris to BC and championed cool-climate varietals that would come to define the Okanagan Valley. Today, the estate continues under the ownership of Andrew Peller Limited, honouring that original vision while embracing thoughtful innovation.

As spring gives way to summer, the winery opens itself fully to exploration. You are invited to experience the Estate in ways that match both curiosity and pace. Inside the door of the tasting room, Taste of the Estate offers a seated tasting of five Estate wines, paired with sweeping views of Okanagan Lake and stories drawn from decades of winemaking. Our Odyssey Tasting elevates the journey further, featuring five premium wines from the Odyssey collection, highlighting expressive sparkling wines and refined reds that speak to balance and craftsmanship.

For those seeking deeper immersion, the Gray Monk Estate Tour guides you through the vineyards and into the cellar, revealing how philosophy, technique, and terroir come together in each bottle. A surprise food pairing adds an unexpected moment of pleasure before the experience concludes with a seated tasting. In the intimate setting of the Winemaker's Library, an educational tasting of Estate and Odyssey wines offers insight into structure, style, and seasonal nuance.

Dining at The Lookout Restaurant at Gray Monk completes the experience. Service is polished and unobtrusive, allowing the setting to lead. A guided tasting pairs award-winning wines with thoughtfully crafted culinary accompaniments, creating a seamless dialogue between flavour and place. For a shorter visit, The Monk's Pour offers a focused introduction to four signature wines at the tasting bar, ideal for returning guests or those seeking a refined pause on the Scenic Sip Wine Trail.



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At the heart of the estate's present and future is Jen Oishi. Born and raised in the Okanagan Valley, her path to winemaking began in science and led her back home. Joining the winery in 2011 as a laboratory technician, she refined her craft under the mentorship of Roger Wong before stepping into the role of winemaker in 2020. Her approach honours the estate's cool-climate roots while embracing innovation with restraint, creating wines that are clean, fresh, and approachable.

This spring, Jen welcomes wine club members to the relaunch of the Winemaker's Dinner on March 18 and March 19. Guided by Jen herself, the evening invites members into direct conversation about the philosophy behind the wines, with curated courses by Chef Chris Jealous and pairings announced closer to the dates. Seating is limited, and reservations are required.

As your visit draws to a close, the invitation extends beyond the day. The Monk's Cellar Club offers continued connection through quarterly deliveries of six handpicked wines, access to exclusive releases, and insights from the winemaking team. It is an invitation to remain part of the story, season after season, glass by glass. **LIV**

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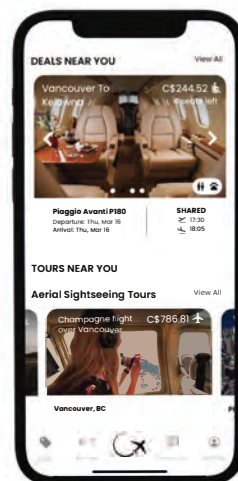
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# Beyond Adornment

A Legacy Built on Precision, Provenance, and Trust

**W**hen Kim Berg turns on the lights each morning and the showroom begins to glow, she knows exactly what the day holds: thoughtful conversations, meaningful decisions, and jewellery that will become part of someone's life story. At European Goldsmith Fine Jewellery on Pandosy Street, the atmosphere reflects what Kim has built, a business grounded in care, craftsmanship, and continuity.

The setting feels intentional rather than transactional. Bright, modern, and calm, the space encourages you to slow down and engage. This is jewellery chosen with reflection, not pressure. Kim's decision to operate on a strictly non-commission sales basis reinforces that philosophy. Every interaction is centred on your experience, ensuring it remains elevated, well informed, and the clear priority.





# EG GOLDSMITH







That approach is shaped by Kim's long-standing leadership within the Canadian Jewellery Group, where she served as a board director for ten years and as President for four. That depth of involvement brings exceptional industry insight and access to outstanding sourcing. As a result, European Goldsmith offers one of the most substantial and uniquely curated jewellery inventories in the Okanagan, with in-stock pieces distinguished by design integrity, gem quality, and a range that accommodates varied budgets without compromising standards.

Custom design is offered as a thoughtful extension of the experience, available for those seeking something uniquely personal. Whether you arrive with a clear idea or a loose inspiration, the process begins with listening. Designs may draw from sketches, photographs, in-store pieces, or family heirlooms, with meaningful details such as birthstones or dates incorporated with restraint and care.







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Once a direction is established, you are provided with a complimentary, no-obligation estimate and, when helpful, a digitally rendered image for review. Refinements are welcomed, and once approved, the piece is crafted in collaboration with an experienced goldsmith, with creation typically taking three to five weeks. The process remains measured and intentional, reflecting the same standards found throughout the showroom.

This year marks thirty years since European Goldsmith first opened its doors, beginning at Orchard Park Shopping Centre and growing organically into its present-day home in Pandosy Village. Those grass roots beginnings continue to shape the business today, grounded in trust, community, and long-term relationships. The showroom now reflects that evolution, offering not only exceptional jewellery, but also repairs, appraisal services, and ongoing care.

What Kim Berg has created is more than a jewellery store. It is a place defined by intention, knowledge, and respect for both the pieces and the people who wear them, where jewellery is chosen not just for the moment, but for the legacy it will one day become. **LIV**



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# Refined Skin, Lived-In Confidence

## A Thoughtful Approach to Aging Well

**C**onfidence deepens when skincare is approached with intention, knowledge, and respect for the life you are living now. At Oval Aesthetics in Kelowna, aesthetic care is shaped around longevity and skin health, supporting clients through every stage with results that feel refined, natural, and quietly powerful.

Early in your experience, you are guided by a team of medical professionals led by Tara Graves, Director of Cosmetic Laser and the steady force behind the clinic's philosophy. With more than 20 years of experience, Tara brings a depth of expertise that feels reassuring and considered. Her approach is informed by scientific studies in skin biology, collagen regeneration, and advanced laser technologies, ensuring every recommendation is evidence-based and purposeful. Care here is designed to support your skin not just today, but over time.

That philosophy comes into focus through the Signature 5D Facelift, a treatment created by Tara and exclusive to Oval Aesthetics. This non-surgical series addresses the most common signs of aging through a layered approach that works in harmony with the skin's natural regenerative processes. By strengthening collagen and encouraging elasticity, the treatment improves tone, texture, firmness, and overall vitality, delivering gradual results that preserve natural expression.

Customization defines the Oval Aesthetics experience. Each consultation begins with careful listening, allowing your skin goals, health history, lifestyle, and expectations to guide the treatment plan. Medical-grade technology is paired with methods supported by clinical research, ensuring both safety and effectiveness. Whether your focus is facial rejuvenation, skin tightening, hair restoration, or overall skin health, your care is designed to evolve alongside you.



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The clinic's offerings extend well beyond facial treatments. Advanced laser therapies address concerns such as acne, rosacea, pigmentation, and sun damage, while non-surgical skin rejuvenation and body contouring treatments support hydration, firmness, and tone. Hair restoration options are developed with the same precision and care, recognizing the confidence that comes from feeling comfortable in your appearance.

This philosophy extends into product development with the launch of Oval Essence, Tara's proprietary skincare line created to support in-clinic treatments. As Tara explains, "My goal was to create a collection that resonates with what your skin craves, offering something for everyone — whether you are looking to treat early signs of aging, manage mature skin, prevent future concerns, or address acne-prone skin."

Equally important is its Canadian foundation. "I have teamed up with one of the leading skincare labs in Canada, and we are incredibly proud to be 100% Canadian made."

Oval Aesthetics is for those who see skincare as an investment in how they live now, not a pursuit of who they once were. Aging with grace here is intentional, science-led, and deeply personal, supporting skin that reflects confidence, experience, and thoughtful care at every stage of life. **LIV**



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# Between Breath and Intention

Eduardo Ramos Exploring  
Femininity as Force



**E**xploring a space where femininity and power exist in measured harmony, articulated through poetic modernity shaped by cultural memory and contemporary restraint. The narrative unfolds with quiet authority, suspended between breath and intention, where defiance is softened by grace. Light follows each movement, revealing femininity not as fragility or ornamentation, but as something deliberate, rooted, and confidently commanding. **LIV**





















**CREDITS:**

Fashion Design:  
**Eduardo Ramos** (@eduardoramos)  
Photography: **Longview Studios**  
Stylist: **Rachelle Hombrebueno**  
Models: **Michaela & Victoria Toews**  
Hair: **Mia Galeana**  
Makeup: **Minji Hong & Rie Handa**





# A Century on the Lake

From Historic Retreat  
to an Enduring  
Okanagan Destination

**A**long much of the Okanagan Lake waterfront, the prevailing atmosphere is distinctly modern, shaped by Kelowna's rapid growth over recent decades. That contemporary rhythm softens the moment one steps off the boardwalk and approaches the historic doors of Hotel Eldorado. Opened in 1926, the property now approaches its centennial year with a quiet confidence rooted in nearly a century of hospitality. What began as a European-inspired lakeside retreat has evolved into a layered destination that reflects both its modest beginnings and its enduring role within the community, offering continuity in a city defined by change.

The origins of the Eldorado are steeped in local lore. In the mid-1920s, an aristocratic Austrian Countess named Bubna-Litic arrived in Kelowna with a vision to introduce Old World refinement to the Okanagan shoreline. Her ambition materialized in the form of a modest yet elegant inn that quickly became a social anchor.





Guests arrived by steamboat and carriage, drawn by the promise of lakeside glamour and a setting that felt worlds away from the orchards and emerging town beyond its doors. From its earliest days, the Eldorado was less about accommodation and more about gathering.

By the 1950s, it had established itself as a natural meeting point for West Coast personalities, visiting dignitaries, and generations of families returning year after year. As Kelowna transformed from a small agricultural centre into one of Canada's most sought-after resort cities, the Eldorado remained a constant. Its most defining moment of resilience came in 1989, when the original Eldorado Arms was relocated by barge across Okanagan Lake to its current Cook Road site. Though the historic structure was lost to fire shortly thereafter, it was thoughtfully rebuilt by 1990, preserving its character and reinforcing its place as a living landmark where memory and modernity continue to intersect.



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Today, the Eldorado is more than a hotel. It operates as a complete resort experience, integrated into the daily rhythm of the city while remaining distinctly its own world. The marina remains a defining feature, where contemporary vessels sit comfortably alongside heritage boats that echo the region's recreational past. Among them, a meticulously preserved 1952 Chris Craft Sedan Cruiser offers a quiet nod to the Kelowna Regatta era and the hotel's longstanding relationship with lake culture. Throughout the property, historic photographs, memorabilia, and carefully preserved details reflect a deep respect for the past without feeling static or staged.

Generations of families have marked milestones here, from weddings and anniversaries to graduations and reunions. The Eldorado has welcomed notable guests and dignitaries over the decades, adding to its folklore and reinforcing its reputation as a place with a story behind every door. While renovations and expansions have modernized the experience, they have been guided by restraint, ensuring that heritage details remain integral rather than ornamental.

As the Eldorado approaches its 100th year, the milestone is viewed not simply as a celebration of longevity, but as a moment of reflection and intention. "The 100th anniversary of the Hotel Eldorado is not only a time to reflect on where we've come from, but also to set the stage for the next century of hospitality on Okanagan Lake," said Gil Vallee, Director of Hospitality at Hotel Eldorado. "This property has always been about more than bricks and mortar - it's about people, moments, and a spirit of belonging. We are proud to celebrate this legacy with our community and invite the world to be part of our story."



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Throughout 2026, that legacy will be marked through a series of centennial moments, including vintage-inspired soirées, Regatta Lake Days, the Innkeeper's Gala, and a thoughtfully curated culinary series that revisits 1920s classics through a contemporary lens. Together, these celebrations reflect not nostalgia, but continuity, reinforcing the Eldorado's enduring role as a place where history is honoured, community gathers, and belonging remains at the heart of the experience. **LIV**

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### 382 Judges Row

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Nestled on the sandy shores of iconic Judges Row in Qualicum Beach, this extraordinary estate captures the essence of refined coastal luxury. Reimagined by designer Juli Hodgson in 2003/2004, the 4,000 sq ft main home showcases wood-clad cathedral ceilings, double glass doors, and open-plan interiors. The living room flows into a formal dining area with a striking fireplace shared with the chef's kitchen, opening to a sunlit patio and pool.



### 8338 West Saanich Road

Victoria, BC | \$12,900,000

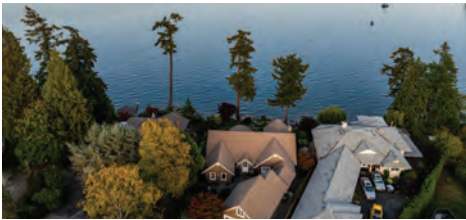
This stunning oceanfront estate set on 6.8 acres, captivates at every glance. The exquisite custom built home incorporates natural building materials throughout. With spectacular open-beam construction in the 4 -bed main house & a separate 2 bedroom carriage house, this home is perfect for enjoying with friends and family. Includes a 60x20 dock, helicopter landing pad and exquisite gardens!



### 675 Towner Park Road

North Saanich, BC | \$2,495,000

Welcome to Towner Bay Country Club—an exclusive oceanfront sanctuary. Nestled on a flat 1 acre lot in sought-after Towner Bay, this rare low-bank property features breathtaking west-facing ocean views & private access to a serene, sandy cove. This 3 bed, 3 bath home is surrounded by mature trees & coastal beauty, offering unmatched peace & privacy. Direct access to your own protected beach - perfect for paddle boarding or swimming!



### 2555 Newman Road

Victoria, BC | \$2,795,000

Custom-designed waterfront gem! Timeless elegance meets modern luxury in this stunning 3 bed, 3 bath home with walls of glass showcasing panoramic views. The exterior space is meticulously landscaped, incorporating stone pathways, designated seating areas, and low maintenance gardens. A private pathway grants direct access to 81 feet of shoreline, ideal for tranquil relaxation with the ambient sounds of the ocean.



### 11406 Sycamore Drive

North Saanich, BC | \$3,499,000

Set in the prestigious Lands End area, this 6,000 sq ft architectural gem offers 5 bedrooms, 5 bathrooms, and exceptional privacy and tranquility. Designed to blend natural beauty with timeless design, this bright & spacious home offers panoramic views of the ocean, valley & mountains from multiple patios that promote indoor/outdoor living. A separate 1-bedroom suite offers space for family, friends or rental opportunities.



### 810 - 1100 Yates Street

Victoria, BC | \$950,000

Nest by Chard, a boutique 12-storey completed in 2024, just steps from everything central. This signature SW corner two-bed, two-bath residence offers year-round comfort with in-suite air conditioning and a fresh air supply system. Expansive windows flood the home with natural light, while the oversized balcony extends living outdoors with beautiful ocean/mountain views. Custom detailing throughout!



### 2464 Tryon Road

North Saanich, BC | \$3,995,000

This stunning oceanfront, custom-designed estate embodies West Coast style and architecture. With an open floor plan and soaring ceilings, the interior exudes sophistication. The home offers 4 bedrooms and 5 bathrooms crafted to highlight sweeping ocean, mountains, and island views. The easy-care yard, triple car garage, and landscaped grounds offer direct access to the waterfront, making this a boaters' and kayakers' dream property.



### 1319 Champions Court

Langford, BC | \$2,750,000

Architecturally crafted residence commanding stunning fairway views. Sophisticated interiors showcase the scenic landscape through expansive picture windows. Open-concept design is ideal for entertaining - spacious living/dining areas complete with custom millwork & fireplace. Upper floor is dedicated to the owner's retreat, the lower level offers a home theatre, 2 additional bedrooms & fitness studio. Outdoor areas and amenities complete this country club lifestyle!



### 5605 Parker Avenue

Cordova Bay, BC | \$5,995,000

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## 3045 McAnally Road

Victoria, BC | \$7,300,000

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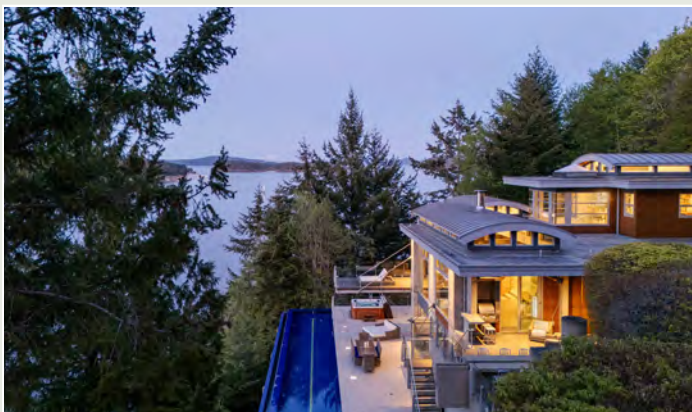
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10865 Fernie Wynd Road, North Saanich | **\$9,895,000**  
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418 Lands End Road, North Saanich | **\$5,950,000**  
3 Bedrooms, Oceanfront, 3,908 sq.ft., 1.08 acres



5009 Cordova Bay Road, Saanich | **\$3,495,000**  
5 Bedrooms, Oceanfront, 3,527 sqft., 0.15 acres



10630 Derrick Road, North Saanich | **\$2,998,000**  
3 Bedrooms, Ocean Views, 2,828 sqft., 0.57 acre

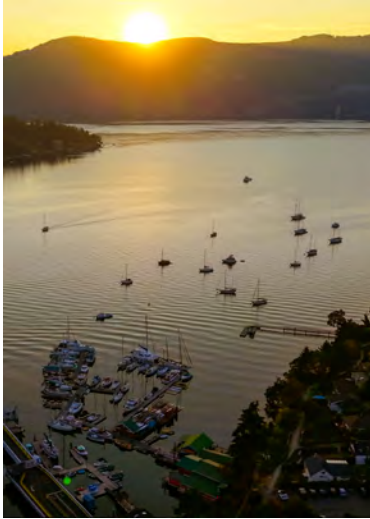


201-2270 Harbour Road, Sidney | **\$2,799,000**  
4 Bedrooms, Harbour Front, 3,202 sq.ft.



302-10393 Allbay Road, Sidney | **\$2,650,000**  
3 Bedrooms, Oceanfront, 2,275 sqft.,





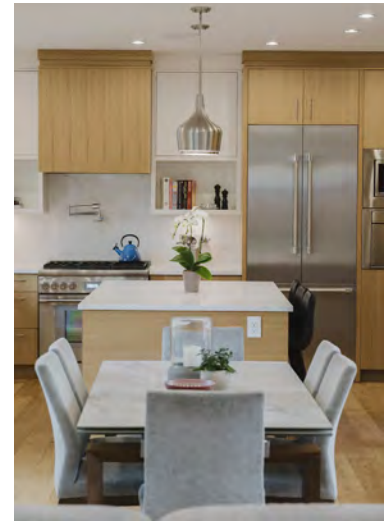
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A photograph of the interior of the Fairmont Empress restaurant. The space is characterized by dark wood paneling, ornate carvings, and warm lighting. In the foreground, a large bronze statue of a Bengal tiger is positioned on a wooden floor. Behind it, a long dining table is set with white linens and glassware. The background features a large arched window with intricate metalwork. The overall atmosphere is one of classic elegance and historical significance.

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